



Wood Haven Healing

Deborah Wood Presents

An Introduction To Using Color & Light Frequencies To Promote Healing The Body, Mind and Spirit

Saturday, March 10th - 1:00am-3:00pm (cost \$30.00)

This workshop will be held at New Moon Haven - 16256 N. Oracle Road, Catalina, AZ
(Phone 825-9044)

In our essence, we are constantly changing and vibrating beings of Light, Spirit, Energy, and Color. Come join us at New Moon Haven for meditation exercises to open the mind, and gain an understanding of how Light and Color application can promote physical and emotional releases.

- Access emotions or psyche that other treatments cannot reach or penetrate
- Open your intuition
- Promote healing with frequency and intention
- Help you heal yourself with non-evasive modalities
- Learn to let go of things you cannot control
- Understand where your anger and fear come from
- Forgive yourself and others
- Acknowledge your self-worth
- Tap into your inner self for guidance, clear old emotional or physical patterns that no longer serve
- Balance your energy systems
- Treat the whole person - Mind, Body and Spirit

I believe true healing comes about when the condition or cause of an illness is addressed and transformed. And if healing goes no farther than a mere relief or masking of the symptoms, then eventually, that which brought about the need for healing in the first place, will resurface and manifest itself in one form or another.

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Please RSVP by March 7th, 2012

Contact Deborah Wood @ (520-449-4892) or woodhavenhealing@aol.com
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